

Kingston Services for Separating & Divorcing Parents

Legal Information

Family Law Information Centre (FLIC) 613.548.6789 x 332

Family Court 469 Montreal St

Advice Counsel an Advice lawyer provides summary legal advice and information about family law. Mon. 10am-4pm; Tues. 12-4pm; Thurs. 11am-3pm Fri. 9am-1pm.

Information and Referral Coordinator (IRC) The IRC identifies needs and makes referrals to appropriate community services. Mon. to Thurs. 9am- 3pm. Pamphlets, publications and guides to family procedures and brochures regarding specific community resources are available in the FLIC office.

Kingston Community Legal Clinic 613.541.0777

Free legal advice/advocacy re Landlord tenant issues and social assistance appeals/review. 2 hour legal aid certificate available for men and women who have experienced domestic abuse/violence.

Lawyer Referral Service 1.800.268.8326 www.lsuc.ca

The Lawyer Referral Service will provide you with the name of a family law lawyer in your area. That lawyer will provide a free one-half hour consultation. The Lawyer Referral Service also operates a crisis line for victims of domestic violence, callers who are under the age of 18, or anyone calling about a child protection issue.

Websites:

Legal Aid Ontario 1.800.668.8258 legalaid.on.ca/en/getting/flip.asp

To find out more and to determine your eligibility call or visit the website. In Kingston, Legal Aid Advice Counsel and Duty Counsel are available on a first come, first served basis at the Family Court. **The FLIP** is an online video presentation similar to the **MIP**.

CLEONet

www.cleonet.ca

CLEONet is an online resource project dedicated to providing legal information to help in understanding legal rights

Ministry of the Attorney General www.attorneygeneral.jus.gov.on.ca . Go to this website and choose “Family Justice” for more information on family law issues, child support and division of property.

Ontario Court Forms www.ontariocourtforms.on.ca

Download or print Ontario court forms

Office of the Children’s Lawyer www.attorneygeneral.jus.gov.on.ca

The Office of the Children’s Lawyer is a law office in the Ministry of the Attorney General which represents children under 18 regarding their personal and property rights. The cases may include child custody, access, child protection proceedings and civil litigation. Clinical investigators prepare reports for the court in custody/access proceedings.

Marriage Counsellors

Kingston Community Counselling Centre 613.549.7850

Vince Caccamo PhD 613.547.9814

Trish Crowe M.S.W. 613.548.4357

Deb Hudson M.S.W. 613.549.1739

Marilyn Kogon M.S.W., 613.531.8305

Deb Kowalik PhD 613.544.1065

Tania Nicholls, M.S.W. 613.452.1754

Gisele Pharand PhD 613.384.1014

Jim Rhodes M.S.W. 613.542.4488

Wendy Stewart PhD 613.531.3477

Carol White R.N. 613.546.0600

Chris Whynot M.S.W. 613.547.9814

Post Separation Counselling & Parent Coaching

Kingston Community Counselling Centre 613.549.7850

Colleen Abeles 613.547.5524

Vince Caccamo PhD 613.547.9814

Nicole Corbett, M.A. 613.453.1754

Trish Crowe M.S.W. 613.548.4357

Barbara Hill M.S.W. 613.888.2409

Sabrina Tripolitano M.S.W. 613.214.1560

Children and Adolescents

Better Beginnings (parenting groups) 613.542.2835
Pathways for Children and Youth 613.546.1422
Kelly Benn PhD 613.532.1536
Su Buchanan PhD 613.331.1505
Trish Crowe M.S.W. 613.4357
Leonard Harris PhD 613.547.9814
Barbara Hill M.S.W. 613.888.2409
Erin McCormick PhD 613.539.4839
Sian Phillips PhD 613.545.3053
Sylvia Simonyi-Elmer PhD (play therapy) 613.548.0969
Sabrina Tripolitano M.S.W. 613.214.1560

E-laws

www.e-laws.gov.on.ca

Provides access to official copies of Ontario's statutes and regulations

Family Law Education for Women

www.onefamilylaw.ca

The FLEW website is a public legal information project to assist women in understanding their family law rights

Calculation of child & spousal support

www.mysupportcalculator.ca

Child Support Guidelines

www.canada.justice.gc.ca/eng/pi/sup-pen

You can get a copy of the Child Support Table for Ontario by phoning **1-888-373-2222** or you can check the Dept of Justice Canada website **and click on "Simplified Federal Child Support Tables 2006"** to find a table for each province and territory.

Family Responsibility Office (FRO) 1.800.267.7263
and click on "Family Responsibility Office"

www.mcsc.gov.on.ca/mcsc/english

Enforcement of support orders

Alternative Dispute Resolution

Collaborative Family Law

Collaborative Family Lawyers in Kingston Go to the website www.cfla.ca to find a lawyer. Collaborative family lawyers are also listed in the Yellow Pages.

Mediation

Limestone Mediation Ltd

Onsite mediation (Family court) 469 Montreal St 613.546.2549

Free on-site mediation service for the resolution of narrow issues that are referred from the day's court list. Referrals from judges, lawyers or clients on court list of the day.

Off site mediation 354 Montreal St 613.546.2549

Subsidized comprehensive mediation service for family law issues; user fees are geared to income and to number of dependents. This is not a legal process and all parties are strongly encouraged to obtain independent legal advice.

Mandatory Information program

Mediation/Arbitration Services in Kingston area Consult the yellow pages

Children's Services/Children's Mental Health

Better Beginnings for Kingston Children 613.542.2835

102- 900 Montreal St.

Parenting and child care programs/support for North Kingston residents

Ontario Early Years Centre 613.384.1231

Support for parents and caregivers with children 0 to 6. Various locations throughout the city

Pathways for Children and Youth

613.546.8535

Children's mental health services; counselling for children and families; various specific programs and supports re autism, applied behaviour analysis etc.

K.F.L.and A. Health Unit

613.549.1232

221 Portsmouth Ave.

Babytalk drop in program, breastfeeding support, parenting support and parenting education programs

Boy's and Girl's Club

613.542.3306

559 Bagot St

After school and evening activities and supervision for children aged 4-18

Big Brothers/Big Sisters

613.544.1621

1344 Princess St.

Adult support and mentoring programs for kids

Girls Inc

613.542.9202

201 – 993 Princess St

Life skills and mentoring programs for girls and young women

Kids Helpline

1.800.668.6868 www.kidshelpphone.com.

Family Counselling/Support Programs

Kingston Community Counselling Centre (K3C)

613.549.7850

417 Bagot St

Various counselling programs for individuals and families

- Individual and family counselling
 - Women's program and counselling
 - Credit counselling
 - Partner Abuse Response program
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Kingston Military Family Resource Centre 613.541.5010

32 Lundy's Lane

Counselling, support and advocacy for military families and individuals

Legal advice available every Thursday from 1 to 3 pm. Call 613.541.5010 X 5195 to pre register

More Resources

Couple Counsellors

Kingston Community Counselling Centre 613.549.7850

Vince Caccamo PhD 613.547.9814

Trish Crowe M.S.W. 613.548.4357

Deb Hudson M.S.W. 613.549.1739

Marilyn Kogon M.S.W., 613.531.8305

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Trish Crowe M.S.W. 613.548.4357

Leonard Harris PhD 613.547.9814

Barbara Hill M.S.W. 613.888.2409

Erin McCormick PhD 613.539.4839

Sian Phillips PhD 613.545.3053

Sylvia Simonyi-Elmer PhD (play therapy) 613.548.0969

Sabrina Tripolitano M.S.W. 613.214.1560

Katarokwi Native Friendship Centre 613.548.1500

50 Hickson Ave.

Social, cultural and health/wellness support programs for the Native community. Offers healing and wellness programs ,activities, pot lucks and ceremonies

Immigrant Services Kingston www.kcc.ca/is.shtm 613.544.4661

837 Princess St.,Suite 500

Assists immigrants and refugees with advocacy, support and translation services; community referrals

North Kingston Community Health Centre 613.542.2949

Offers health care services and health promotion programs to North Kingston residents

Youth Diversion/KAIROS 613.548.4535

Robert Meek School

559 Bagot St.

Court diversion, rehabilitation and counselling for youth and their families re addictions and substance abuse

Salvation Army Supervised Access Centre 613.542.8533

A safe neutral and child focused supportive setting for visits and exchanges for children separated from their parents

816 Centennial Drive Wed. 1pm- 6pm; Fri. 3pm-7 pm

342 Patrick St. Sat. 9am-4pm; Sun. 1pm-4pm

Children's Aid Society (Frontenac, L and A Family and Children's Services)

817 Division St.

613.545.3227

Support for Domestic Violence/Abuse survivors

Kingston Interval House

613.546.1777

24 hour crisis line; counselling, support and advocacy for women who have experienced domestic violence and coercive control

DAWN House

613.545.1379

302 Victoria St

Temporary shelter for women and their children. 24 hour crisis line for support, advocacy and referrals

Sexual Assault Crisis Centre

613.545.0762

174 Division St

24 hour crisis line; counselling and support for men and women survivors of sexual violence

**Frontenac Victim Crisis and Assistance Program
Police Dept Division St**

613.548.4834 located in Kingston

community crisis response and support for victims of crime, abuse, tragedy

KGH Sexual Assault/Domestic Violence Program

Located in the Emergency Dept at KGH

Open 24 hrs : emergency medical and nursing care; testing for STD, HIV and pregnancy

Crisis counselling; safety planning and social work followup

Victim/Witness Assistance Program **613.545.2455**

assists victims and witnesses of crime to attend court and participate in the criminal justice system

Assaulted Women's Helpline **1.866.863.0511**

24 crisis line for women; counselling and safety planning

Neighbours, Friends and Families www.neighboursfriendandfamilies.ca

This website provides information and resources for abused women

Addictions/Mental Health

Frontenac Community Mental Health and Addictions Services **613.544.1356**

24 hour CRISIS line **613.544.4229**

372 King St West

A wide range of support services and housing for individuals who have mental health issues

Canadian Mental Health Association **613.549.7027**

6 Ordnance St.

Support and advocacy for mental health issues

T.A.L.K. (Telephone Aid Line Kingston) **613.544.1771**

Alcoholics Anonymous

613.549.9380

AL-Anon/Alateen

613.384.2134

Support and referrals for family and friends of substance abusers

Harbour Light Centre

613.546.2333

562 Princess St.

Residential treatment and support for men

Ryandale Shelter

613.548.8466

23 Elm St

Short term emergency housing

The Alzheimer Society

613.544.3078

175 Rideau St

Support and referral for families and individuals affected by Alzheimer disease and symptoms of dementia.
